



What host families say are their favorite memories from hosting:

“When my daughter found the chance to help our delegate ride a horse for the first time in her life. Both of their faces were radiant!”

“When we got home late from the county fair our student stopped outside & wanted me to look at the stars with him. He enjoyed the outdoors & big Kansas skies which made me appreciate them more, too.”

“His smile & ability to keep trying! Teaching him so many new things, words, phrases, and giving him the opportunity to grow & just do stuff!”

Contact Your State Coordinator:

About States’ 4-H International

States’ 4-H International Exchange Programs is a non-profit organization dedicated to enhancing world understanding and global citizenship through 4-H cultural immersion and exchange programs for 4-H aged youth. Since 1972, more than 63,000 youth in 41 countries on six continents have participated in the States’ 4-H International Exchange. The 4-H National Headquarters at the US Department of Agriculture/NIFA has authorized States’ 4-H to use the 4-H name and emblem. States’ 4-H is designated by the US Department of State as a sponsor of J-1 Secondary Student exchange programs and is granted full listing by the Council for Standards on International Educational Travel (CSIET).

Current 4-H Member Institutions

University of Alaska	Michigan State University
University of Arizona	University of Missouri
Cornell University (NY)	Montana State University
University of Florida	North Carolina State University
University of Idaho	Oregon State University
Iowa State University	Texas A&M University
Kansas State University	Virginia Tech University
University of Kentucky	Washington State University
University of Maryland	

**The above list is current as of 2024*

STATES’ 4-H INTERNATIONAL

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 [facebook.com/states4hexchange](https://www.facebook.com/states4hexchange)

 [states4hinternational](https://www.instagram.com/states4hinternational)

 www.states4hexchange.org



Non-Discrimination Statement: As an organization comprised of 4-H member states, States’ 4-H prohibits discrimination in all its programs and activities on the basis of race, color, national origin, creed, sex, religion, age, disability, political beliefs, sexual orientation, or marital or family status.

Share your WORLD!



EXPLORE THE WORLD!

States’ 4-H International Exchange Programs

Summer 4-Week Homestay

Enhancing world understanding and global citizenship through 4-H cultural immersion and exchange programs since 1972.

WWW.STATES4HEXCHANGE.ORG | 206-462-2200

Summer Hosting (Inbound) Programs

Being a host family is an experience that will last a lifetime. The States' 4-H International Exchange Summer Inbound Program brings over 600 youth from around the globe to homes across America every summer. As members of American families, exchange participants experience the American way of life and share their own culture in a variety of ways. Hosting allows your family the opportunity to expand their global perspective, while opening a brand-new world to a young person from overseas. You and your family can join in this unique adventure by hosting this summer. All it takes is a warm heart, an open house, and a passion for international experiences.



International Partner Organizations

Japan

Taiwan

Korea

Costa Rica

Norway



GET IN TOUCH! For more information on States' 4-H programs, visit www.states4hexchange.org or email ib@states4h.org

Host Family Requirements

- Have a child living at home the same gender as the exchange delegate and within 4 years of age
- Provide meals for the exchange student as the family would for their natural child(ren)
- Delegate can share a room with host sibling, but must have their own bed
- No special activities or planning required - our delegates want to experience being a member of an American family
- The program is voluntary - no stipends are provided

FAQ

- **How long does the exchange last?**
 - Approximately 4 weeks from mid-July to mid-August. Check with your state coordinator for specific dates.
- **What age are the delegates?**
 - Delegates are 12-18 years old
- **How do the youth travel?**
 - In groups accompanied by an adult chaperone who stays in the same state for the duration of the program. Families without children at home are great for hosting our chaperones!
- **What support does States' 4-H provide host families?**
 - Trained State Coordinator(s) (often an Extension 4-H professional), orientations, handbooks, arrival & departure events, & more.
- **Will my delegate speak English?**
 - Expect very little English ability, but there are lots of other ways to communicate!