

# SUMMER CAMP 2025

 Cooperative  
Extension Service

## May 26 - 30, 2025

Cooperative Extension Service  
Spencer County  
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Taylorsville, KY 40071-0368  
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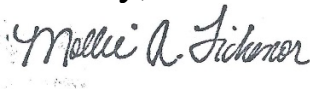
Dear Campers and Parents:

**Please read this newsletter VERY CAREFULLY!!!!!!** It outlines some very important information about camp. Please **KEEP** this information in a safe place until you return from camp.

If you have any questions, please feel free to contact the office anytime at 502-477-2217 or email at [mollie.tichenor@uky.edu](mailto:mollie.tichenor@uky.edu) or [nhahn@uky.edu](mailto:nhahn@uky.edu).

We are looking forward to seeing you at camper orientation and also at 4-H Camp. We have a fun-filled week planned that we hope you will remember for a lifetime.

Sincerely,



Mollie A. Tichenor  
CEA for 4-H/Youth Development  
[mollie.tichenor@uky.edu](mailto:mollie.tichenor@uky.edu)

## CAMPER/PARENT ORIENTATION

We will be holding a CAMPER ORIENTATION meeting for all campers and their parents on **WEDNESDAY MAY 7, 2025, at 6:30 p.m.** The meeting will be held at the Spencer County Extension Office. We **STRONGLY ENCOURAGE EVERYONE**, especially first-time campers, and their parents, to attend this orientation. We will go over important information that will assist you in having a safe and successful week of camp. You will also meet adult leaders and teen leaders. If you cannot attend, please call Mollie at the office, and let her know. She can help you with any questions you may have about camp also.



Cooperative  
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4-H Youth Development  
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Disabilities  
accommodated  
with prior notification.

## 4-H PLEDGE

Campers, if you do not already know it, you should learn the 4-H pledge. You will say it a lot over the entire camping week. I pledge my head to clearer thinking,  
My heart to greater loyalty,  
My hands to larger service and  
My health to better living,  
For my club, my community, my country, and my world.

## CHILD CHANGES MIND

### \*\*\*NOTE CHANGES\*\*\*

If your child decides not to attend 4-H Camp, please call the Extension Office as soon as possible.

**If you cancel from March 28 – April 27, any camper who cancels will receive a camp fee LESS \$25.**

**If you cancel from April 28 – May 23, any camper who cancels will receive a camp fee of LESS \$50.**

Please **DO NOT** wait until the morning of camp to call. At least call by May 23. If you call by May 23, you can still get a refund of your money as listed above. If you call on or after May 24, you will be **UNABLE** to receive a refund. If we have not heard from you by then, we WILL

EXPECT your child to be on the bus on Monday morning.

## CELL PHONES

Neither campers **nor teens** are allowed to have them at camp. If they are found to be on a person, they will be confiscated and returned at the end of the week when youth have arrived at the Extension Office.

## TEXT MESSAGE UPDATE

We are now offering Text Message Reminders to anyone interested. You will need to Text "ALERT" to 22300 to Opt In. Message frequency varies. Message and Data rates may apply.

## FORMS TO BE COMPLETED:

-All forms are to be completed and **returned to the Extension Office by April 21**. If you have gone camping in years past, we are not allowed to keep forms from year to year. You are required to resubmit brand new forms every year. If these forms and all payments are not returned by April 21, your child will be unable to attend camp, and you will not receive a refund. If you

know you are going to be out of town, submit these early. NO EXCEPTIONS...

**You are not required to get a physical or have a copy of your shot records. Just please make sure that you have completed the forms ENTIRELY.**

**\*Registration/Health Form (front & back)**

**\*Camper Conduct/Expectations (sign back)**

**\* Medication Form (If you have any current medications) Leave form in packet. Medication Form requires a picture of your child attached to it.**

If you need help with the forms, please call Nicole at the Extension office on 477-2217. If you have lost forms or need new forms, please call, or e-mail at [nhahn@uky.edu](mailto:nhahn@uky.edu)

## **LICE POLICY**

Campers will be screened PRIOR to camp the morning we leave.

Any youth with lice or nits will NOT be able to attend camp. 4-H Camp has a no-nit policy.

## **ATTENTION PARENTS: PAYMENT**

If you only made the down payment on your child's camp, you would need to make the final three payments on this schedule.

**\$85.00 is due February 20**

**\$85.00 is due March 20**

**\$70.00 is due April 21**

Please remember these dates and mark them on your calendar.

## **LUGGAGE TAGS**

Luggage Tags will be passed out **THE MORNING WE LEAVE FOR CAMP ONLY.**

PLEASE do not stop by the office asking for them early as they will not be released to anyone prior to that morning. Also, all accommodation is made to ensure that your child is bunking with the person they requested. We try to bunk age groups together.

## **\*\*\*CAMP RULES\*\*\***

Please discuss the enclosed Code of Conduct Rules with your child. ***The form must be signed by the camper and parents and turned in.*** Please read over this form so that the campers and teens totally understand. **If the rules are violated, campers can and will be sent home from camp. It is the responsibility and**

expense of the parent to come to pick up their child if they are dismissed for rule violations. You will not receive a refund for your camper fee for any days that they do not stay at camp either. This means TEENS also.

## PAYMENTS & FORMS

**This is a reminder that you need to make sure that your child is paid in full by April 21.**

If you are not sure if you still owe it or not, please call the Extension Office and we will be more than happy to help you.

You also need to make sure that we have all the **enclosed forms returned to us by April 21**. We will be performing head checks before children are allowed to board the bus to camp.

Please read all the inserts and information carefully and fill them out completely. We are required to have a copy of your or your child's insurance card, so please provide that so that a copy can be made.

## DEPARTING FOR & RETURNING FROM CAMP

**Monday, May 26—7:30 am—YOUR CAMPER(S) SHOULD ARRIVE NO LATER THAN 7:00 AM.** Buses will pull

out of the parking lot on Monday, May 26. We depart from the Spencer County Extension Office located at 100 Oak Tree Way. If your child is not there when the buses pull out, you will have to either take them down there yourself or they will be unable to attend camp. You will not be able to receive a refund if they miss the bus.

**More information will follow with procedures.**

**Friday, May 30 – +/- 4:00 pm** – Spencer County Extension Office at 100 Oak Tree Way (Luggage should arrive earlier). Please try to arrive as promptly as possible. If you know that you are going to be late or something unforeseen should happen, please make sure that you have alternates listed on the release from camp form in the event of an emergency. Please remember that traffic can delay our return.

**REMEMBER, parents, grandparents, guardians, neighbors, etc., you MUST HAVE a picture id to pick a child up.**

## \*\*IMPORTANT\*\*

Enclosed you will find a form to complete stating who will pick up your child on the day they return. **YOU WILL BE**

## **REQUIRED TO SHOW A PICTURE ID WHEN YOU PICK UP YOUR CHILD.**

We will send parents/guardians to get a picture I.D. if they do not have them. So don't think that just because we know you, you can just get by without it. The University of Kentucky established this guideline, and we have to follow it very strictly. The same rules apply for teen leaders also, No Exceptions. If you are not the one to pick up your child that day, please make sure that you tell whoever does about this rule. Your child will ONLY be released to someone listed on the release form. They will not be released to anyone no matter what the relation if they are not on the pickup list. SORRY.

If parents are divorced and they have joint custody, you might want to list both parents on there, because if one parent shows up and they are not on the list, the child will not be released to them. Your child will be held, and you will have to come down to pick them up yourself.

The day that they return from camp, there will be someone at the office door to make sure that you have an id and to have you sign for your child.

## **ALLERGIES & IMPORTANT MEDICAL INFORMATION**

If your child has any type of allergy, be it food, grass, bees, **ANYTHING**, it must be listed on the allergy section of the paperwork. Anything that you think the leaders at camp should know about your child, they need to know it, even if it seems trivial. The leaders need to be just as prepared to care for your child's medical needs, as you are, in case of an emergency.



## **MEDICATIONS**

**You MUST have a picture of your child attached to the medicine form.**

If your child is taking any medication, please **place it in a Ziploc bag with the dosage information and write their name on the outside of the bag in a permanent marker.** Please leave all the medicine in the original container. This not only helps us to keep the medicine straight, but it also gives us the correct dosage amount. You will need to take it to the check-in table for your child's cabin before the child boards the bus on Monday. All medicine is kept in

the HCP's office and administered as directed. **DO NOT** ask an adult or teen leader to keep and administer the medicine for your child. They are **NOT** allowed to do this, as it is a liability issue. Please **DO NOT pack** your child's meds in their suitcase. All medications must be under adult supervision at all times.

**\*\*\*NOTE\*\*\*** Over the counter meds are available at HCP's office.

You will need to make sure you pick up the medication on Friday when you retrieve your camper.

## EPI PEN OR INHALER USERS

You will be allowed to keep those on your body at all times. Parents, please provide a small backpack or something that they will be able to carry in. If they are left in just their pockets, they will fall out and get lost. These will need to be listed on the enclosed med sheet, but they will be the only exception to the rules of turning all meds in.

## IN CASE OF EMERGENCY

If any emergency comes up while your child is at camp, you may call the camp at 1-270-866-3787 and ask for Mollie Tichenor,

Spencer County 4-H Youth Development Agent. Campers are not allowed to make outgoing calls while at camp unless it is an emergency. This allows us to get through the week without any unnecessary homesickness.

## LETTERS FROM HOME

**Campers name & Cabin Number**

**Spencer County**

**Lake Cumberland 4-H Camp**

**17500 HWY 196**

**Nancy, KY 42544**

**270-866-3787**

## PICKING UP YOUR CHILD AT CAMP

If for any reason parents are planning to pick up their child(ren) at camp, you must contact Nicole Hahn at the Extension Office **NO LATER** than May 23 at 4:00 p.m. to make these special arrangements. There will need to be a letter on file at the Extension Office in order to pick your child up at camp.

## DIRECTIONS TO THE CAMP

From Louisville take I-64 east to the Lawrenceburg exit. Take 127 to Harrodsburg and Danville, 150 to Stanford and then 27 to Somerset. At

Somerset turn right onto Cumberland Parkway. Go about 1 mile and turn left onto 80, signs are well marked. Take 80 to Nancy. At Nancy, turn left onto 196 – this is very easy to miss so be careful – there is a sign. Then travel 10 more miles to the campsite.

## CABIN LIFE & NUMBERS

Campers will sleep in bunk beds. Bathrooms will be in each cabin. At least one adult leader and one teen leader will be in each of these cabins.

Boys – 3, 4, & 5

Girls – 13, 14, & 15

## MONEY AT CAMP

Please do not send a lot of money or valuables of **any** kind to camp with your child. They will need money for a souvenir if they choose. Amounts should not exceed over \$20.00! The more excess money parents send, the more that could end up getting lost.

## THINGS TO BRING TO CAMP

\*Sleeping bag or twin sheet set and blanket, pillow

\*At least 6 outfits/undergarments, and extra socks

\*Bathing suit – **girls must be 1 piece**, or they must wear a colored shirt in the pool

\*Medications in original containers, in a zip lock bag with dosage and medication schedule clearly labeled with a picture of the camper.

\*Poncho or raincoat

\*2 pairs of lace-up shoes – no sandals or slip-ons except for shower/pool shoes

\*Toothbrush, paste and other dental items

\*Hairbrush/comb, shampoo & Conditioner, **Deodorant**, and other Hygiene Products

\*Liquid Soap – easier to handle in showers, fewer germs

\*2 Towels (1 for the shower and 1 for the pool), Shower shoes, pool shoes or flip flops

\*Appropriate Sleep apparel

\*Garbage bags for wet/dirty laundry

\*Sunscreen and bug repellent

\*A light jacket or sweatshirt in case the nights get cool.

\*Snacks in sealable containers

\*\$20-\$25 for souvenirs/snacks

\*Watch to use to tell time

## **THINGS NOT TO BRING TO CAMP**

**\*CELL PHONES – neither campers nor teens are allowed to have them at camp. If they are found to be on a person, they will be confiscated and returned at the end of the week.**

**\*Air Pods, CD Players, Walkman's, radios, iPods, MP3 players, pagers, or walkie-talkies.**

**\*Jewelry such as rings, bracelets, necklaces, anklets, ECT.**

**\*Large amount of Make-up – it will sweat off or get washed off in the water**

**\*Large amounts of cash. \$20-\$25 is more than sufficient for souvenirs**

**\*Elicit materials such as drugs or paraphernalia, alcohol, or any illegal material.**

**\*Handheld games or computerized toys**

**\*Mace, pepper spray, knives or any kind of weapon**

**\*Clothing with suggestive, vulgar, inappropriate language or depictions, hip hugger pants, thongs, low cut shirts, short shorts,**

**\*Keys, important documents, credit cards, phone cards.**

**\*Duct Tape, shaving cream, firecrackers, or any item intended for use in malicious acts**

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